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**AmeriCorps**  
Seniors

## **RSVP VOLUNTEERS OF THE NORTH SHORE**

A program of SeniorCare & AmeriCorps Seniors



### **Greetings RSVP friends and volunteers!**

This month's newsletter includes some highlights from October and information about urgent volunteer needs and upcoming community events.

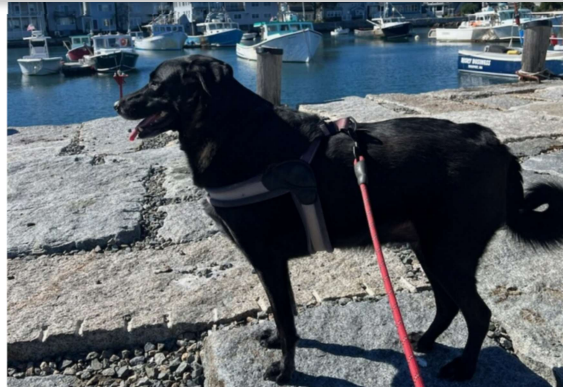
Please pass this newsletter on.

Thank you for all you do to help our community!

## **NEWS & PHOTOS**

## Admiring the view

One of SeniorCare's STAY Pet Program volunteers took a photo of beautiful, Asta, taking in the view during a walk along the ocean on a sunny October day.



## Dementia Friend Training

A successful in-person October training session at SeniorCare was presented by Carrie Johnson, SeniorCare's Coordinator of Age & Dementia Friendly Programs along with Endicott Student intern Emmerson Hayes.



## URGENT VOLUNTEER OPPORTUNITIES

email: [rsvp@seniorcareinc.org](mailto:rsvp@seniorcareinc.org) or call 978-281-1750 x572 or x568



## Love Animals?

SeniorCare's Pet Program, STAY, needs help with dog walking once or twice a week, and caring for elder's pets. **Help is most needed in Beverly area.** Contact RSVP to learn more.



## Meals on Wheels Drivers are urgently needed in Essex, Manchester, Gloucester and West Gloucester!

Got 2 hours? Meals on Wheels needs volunteers to help deliver noon-time meals to elder neighbors one morning each week M-F between 10am -12 noon. Help spread the word!

**Contact RSVP to learn more.**



## Volunteer Drivers

If you enjoy driving and want to help some local seniors, SeniorCare's Medical Transportation program needs caring volunteers to help on a flexible schedule, driving local elders to and from their local or long distance medical appointments. Mileage reimbursement provided. Benefits include hearing wonderful stories and making a huge difference in people's lives! **Help is especially needed in Beverly & Cape Ann! Contact RSVP to learn more.**



**Gloucester's Rose Baker Senior Center has urgent needs for volunteers including:**

- **Serve meals and assist with special events** at the senior center on Thursdays or Fridays between 11am - 12:30pm
- **Answer telephones, assist with filing, sorting, and special projects** one afternoon each week, Monday -Friday, 2-4pm
- **Greet visitors while assisting with selling city trash bags** in the morning or afternoon one day each week, Monday - Friday, 9am-12pm or 12-3pm.

**Contact RSVP to learn more!**



**Help is needed for:  
Food Assistance, Adult Education, Thrift  
Store and Short-Term Special Projects.**

**Please contact RSVP** to learn more.

Flexible volunteer opportunities are available.

## **Topsfield Senior Center**

Currently looking for Volunteers to help:

Delivering Meals on Tue, Wed, Thur. and on-call to cover vacations. Delivery from Town Hall starts at 9:30 AM.

Driving local elders to medical appointments when COA bus driver is not able to cover the ride.

Please contact RSVP to learn more







## American Red Cross

There are a number of ways to help  
with various time commitments!

[Learn more](#)

## Additional opportunities

**Friendly Caller volunteers** Call an elder on a regular basis

**Healthy Living volunteers** assist with teaching classes

**Knitters and crafters** make and donate handmade items

**Office volunteers** assist senior centers, nonprofits and SeniorCare

**Senior Center volunteers** greet, help with events, teach classes, and much more!

**Contact us** to schedule a phone call or in-person meeting to discuss opportunities to get involved and volunteer!

## UPCOMING EVENTS



### OPERATION SAFE WATCH

**Saturday, Nov 4, 2023, 9am-1pm**

**SeniorCare Inc., 49 Blackburn Center,  
Gloucester**

#### Help Us Help You!

Gloucester residents with an older loved one or any family member at heightened risk of becoming disoriented, lost, or with a condition that may put them at increased safety risk may stop in to register. Bring a recent photo, if available.

*Dept, Gloucester Council on Aging, and  
SeniorCare.*

[renee.carr@seniorcareinc.org](mailto:renee.carr@seniorcareinc.org)



**We Hope You Can Join Us!**

**Wednesday, November 8, 2023**

SeniorCare Inc. will host our 51st Anniversary at Danversport, located at 161 Elliott Street in Danvers. The event will feature a gourmet dinner, awards to two community leaders, a Live Auction and Silent Auction, and an evening of music and inspiration. ABC Home Healthcare Professionals present the Celebration.

[To Purchase Tickets](#)



SeniorCare/ADFCA is again partnering with To Show We Care to offer **free tickets** to a performance at the North Shore Music Theatre. This month's available performance will be Elvis: A Musical Revolution and To Show We Care is offering two dates.

**Saturday, November 11** – This is a tickets-only event - 2:00 PM. This program is only for caregivers of someone who is living with dementia. Caregivers will receive 2 free tickets and can bring their care recipient or another person of their choice.

To Learn more



**@ Endicott College - November 14th, 5 - 7pm**

**JOIN RSVP FOR THIS FUN, FREE EVENT!**

**Crafts, Games and Dinner**

Please RSVP to [theresa.dickson@seniorcareinc.org](mailto:theresa.dickson@seniorcareinc.org) by November 9th

**Volunteer or Sign up for**

**LOCAL THANKSGIVING MEAL DELIVERY**



## Thanksgiving Meal Deliveries and Volunteer Sign Up

The American Legion, Post 3, Gloucester, will again be proudly delivering **Free Thanksgiving Holiday Dinners** on Thursday, November 23rd. Deadline to order or sign up to volunteer is Monday November 20th.

[Learn more](#)

## SAVE THE DATE



## Volunteer Open House

**Wednesday, December 6**

**10 - 11:30am**

**SeniorCare Inc., 49 Blackburn  
Center, Gloucester  
Refreshments | Raffle**





## Online Courses

Greater Lynn Senior Service's Conversations for Caring lecture series is available for all and offers CEU credits.

**Through January 2024, SeniorCare's RSVP Volunteers can attend these classes for free.** Please [contact RSVP](#) for the coupon code, and to learn more, click below!

[Learn more](#)

## INFORMATION



### Money Management Program Tip:

The annual Medicare enrollment period is here and scammers are out in full-force. To stay safe, treat your Medicare ID number like it's your Social Security Number, bank account number, or credit card number. If someone calls offering you an "act now and save" deal, a free gift, or genetic testing, it's a scam. Please help by telling others about possible scams like these!



## **We are so thankful for our volunteers!**

Thank you for everything you do to help keep our community safe and cared for.  
You bring so much joy and spread kindness to so many.

All our best,

Ruth Lindsay, RSVP Director – 978.281.1750 x572  
& Theresa Dickson, RSVP Assistant – 978.281.1750 x568

### **RSVP Volunteers of the North Shore**

SeniorCare Inc.  
49 Blackburn Center  
Gloucester, MA 01930  
978-281-1750 x572  
[RSVP Website](#)

[Find RSVP on Facebook!](#)



**AmeriCorps  
Seniors**



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